THLETE Physical Therapy

Mr. Mulvey founded Athletex Sports and Orthopedic Physical Therapy in 1992 with the mission of offering quality rehabilitation that educates the patient from acute onset to their maximal functional level.

Mr. Mulvey is a member of the American Physical Therapy Association (Sports, Orthopedic, and Private Practice Sections), Americam Academy of Sports Medicine, and the Illinois Physical Therapy Association.

Through Athletex Sports and Orthopedic Physical Therapy, Thomas Mulvey M.S., P.T., M.B.A. takes great pride in providing over 20 years of experience and continuity of care to all patients. At Athletex, our experienced Physical Therapists will guide the patient from the acute onset of injury to their maximal functional level. We emphasize Maximal, Measurable, Functional Return.







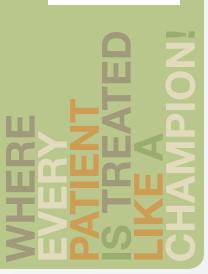
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Orland Park, IL 60462











Thomas G. Mulvey

M.S., P.T., M.B.A..

Athletex Sports and Orthopedic Physical

Therapy is owned an operated by Physical Therapist, Exercise Physiologist, Lecturer, and Coach, **Thomas Mulvey M.S., P.T.,**

M.B.A. Thomas Mulvey attended the

University of Illinois/ Chicago and studied Kinesiology. Mr. Mulvey received his Physical Therapy Degree from Northwestern University Medical School. Mr. Mulvey



received his Masters Degree in Physical Therapy/Exercise Physiology from the University of Illinois/Chicago. Thomas received his M.B.A. in Finance from St. Xavier University's Graham School of Management.

Mr. Mulvey has completed numerous continuing education courses emphasizing Joint Mobilization, Orthopedics, Work Conditioning/Work Hardening, Ergonomics, and Industrial Medicine.

Prior to starting his practice, Mr. Mulvey held staff and supervisory positions at a number of prominent hospitals and clinics. Mr. Mulvey has lectured to numerous groups and has been published by physical therapy and major industry journals.

Mr. Mulvey visits and consults with various industries on the topic of ergonomics and employee safety.

athletexpt.con



Physical Therapy

SPECIALTIES:



makes Athletex an excellent choice for patients, physicians, and rehabilitation case specialists.

ATHLETEX COMMUNICATES REGULARLY

with referring physicians and rehabilitation case managers regarding the status and progress of their patients.

ATHLETEX IS A 2000 SQUARE FOOT FACILITY

with state-of-the-art equipment to provide patients with top quality care. Ample parking is available within easy walking distance from the front door.



Orthopedic Physical Therapy with state-ofthe-art equipment such as Biodex, Isoflex, Stepmaster, Precor, and Schwinn. Athletex Physical Therapy provides the latest in modalities, such as Ultrasound, Electrical Stimulation, Anodyne Therapy, Lymphatic Stimulation, and Low-Level Laser/Photo Therapy.

Sports Specific Physical Therapy with an experienced staff and the latest in rehabilitation technology. Programs are provided that not only help to recover from the injury, but prevent it from recurring in the years to come.

Aquatic Physical Therapy

with the Ferno/Hydrotrak Underwater Treadmill.

Aquatic Physical Therapy provides a medium to reduce weight on the affected area, while supporting and strengthening with less pain.



Back Education includes hands-on experience, an illustrated home guide, and exercises to deter recurrence.

Manual Therapy is provided by Physical Therapists with extensive education involving Joint Mobilization.

Fitness Programs are designed by a staff Physical Therapist/Exercise Physiologist with Division 1 Collegiate Experience. Programs are created for the competitive athlete and the novice.







Work Conditioning and Industrial Rehabilitation,

strictly adhering to the guidelines provided by the American Physical Therapy Association. Therapists have been educated by the methodologies of Saunders, Blankenship, and Isernhagen.

Athletex uses state-of-the-art equipment that allows the material handler or non-material handler to conform to the physical demands required for a return to full duty. Three Phases include an Aerobic Conditioning Phase, a Strengthening Phase, and a Functional Activity/Lifting Phase. Therapists visit on-site when necessary.

Neurologic Physical Therapy with a staff experienced in pain control and hands-on manual therapy. Exercise Programs are initiated under the supervision of a Physical Therapist. Illustrated Home Exercises and Lifting Education is provided to all patients.

Functional Capacity Evaluations are performed by Physical Therapists experienced in treating Industrial Injuries and educated by such Industrial Experts as Blakenship, Isernhagen, and Saunders. Static Strength Testing and Functional Assessments can be performed as a cost saving alternative when Functional Capacity Evaluations are not necessary.

ATHLETEX PHYSICAL THERAPY BELIEVES

that through knowledgeable, experienced clinicians, the latest technology, and handson treatment by the same Physical Therapist, provision of treatments that are comprehensive, efficient, and effective is possible. This is what keeps total treatment cost contained.

ATHLETEX EVALUATES NEW PATIENTS in 24 to

48 hours and initiates treatment during the initial session. Physical Therapists administer Manual Therapy/Joint Mobilization, Therapeutic Exercise, and Pain Relieving Modalities as needed.

COMPREHENSIVE ILLUSTRATED HOME EXERCISE PROGRAMS

are provided to all applicable patients.

ATHLETEX IS A MEMBER of the Rehabilitation Services Network, Medicare and most PPOs and HMOs.

Athletex Physical Therapy has been delivering quality and comprehensive Physical Therapy to the Southland since 1992.

AT ATHLETEX SPORTS AND ORTHOPEDIC PHYSICAL THERAPY, EVERY PATIENT IS TREATED LIKE A CHAMPION!